

Better Table Manners in 31 Days

Before the meal	<ol style="list-style-type: none">1. WASH YOUR HANDS.2. BE A GENTLEMAN: STAND WHEN A LADY DOES AND PULL OUT HER CHAIR. BE A LADY: LET HIM!3. THANK GOD FOR YOUR FOOD.4. SING A HYMN.
Hands & Body	<ol style="list-style-type: none">5. SIT UP STRAIGHT, ON YOUR BOTTOM, IN THE MIDDLE OF YOUR SEAT, WITH YOUR DISH IN FRONT OF YOU.6. KEEP YOUR NAPKIN IN YOUR LAP UNTIL YOU ARE DONE.7. NO ELBOWS ON THE TABLE.8. HOLD YOUR SILVERWARE PROPERLY.9. DON'T TOUCH YOUR FOOD UNLESS IT'S FINGER-FOOD.10. DON'T TOUCH YOUR MOUTH, HAIR, OR FACE.
Serving Yourself	<ol style="list-style-type: none">11. TAKE AND TRY SOME OF EVERYTHING.12. SERVE MODEST PORTIONS. EAT EVERYTHING YOU TAKE.13. DON'T MAKE FACES IF YOU DON'T LIKE SOMETHING.14. DON'T TAKE SECONDS UNTIL EVERYONE HAS HAD FIRSTS.15. DON'T EVER COMPLAIN. ALWAYS COMPLIMENT THE COOK.

Eating	<p>16. CHEW WITH YOUR MOUTH CLOSED.</p> <p>17. DON'T OVERFILL YOUR FORK/SPOON. NO CHIPMUNK CHEEKS.</p> <p>18. DON'T TALK WITH FOOD IN YOUR MOUTH.</p> <p>19. DON'T LET FOOD HANG OUT OF YOUR MOUTH.</p>
Drinking	<p>20. KEEP YOUR CUP AWAY FROM THE EDGE OF THE TABLE.</p> <p>21. NO MILK MUSTACHES (OR WATER, OR JUICE, OR...).</p> <p>22. DON'T SLURP.</p> <p>23. DON'T BLOW BUBBLES IN YOUR DRINK.</p>
Conversation	<p>24. TALK SOFTLY AND DON'T INTERRUPT.</p> <p>25. DON'T MAKE SILLY NOISES.</p> <p>26. NO "POTTY-TALK".</p>
Bodily Functions	<p>27. IF YOU HAVE TO BURP, SNEEZE, COUGH, OR REMOVE FOOD FROM YOUR MOUTH, DO SO AS QUIETLY AND DISCREETLY AS POSSIBLE, INTO YOUR NAPKIN, TURNED AWAY FROM THE TABLE. QUIETLY SAY, "EXCUSE ME".</p> <p>28. REMOVE YOURSELF FROM THE TABLE TO PASS GAS.</p>
After the meal	<p>29. STAY SEATED UNLESS EXCUSED. PUSH IN YOUR CHAIR.</p> <p>30. CLEAN UP AFTER YOURSELF.</p> <p>31. HELP CLEAR THE TABLE & WASH DISHES.</p>